

## Newsletter

# Issue 1, June 2025



## ***DIGITAL HARMONY in short...***

The 'Digital Harmony: Bridging Generations for Well-being in Education' project aims to address the pressing need to enhance digital well-being within school communities, especially in the context of today's rapidly evolving digital landscape. Both students and teachers are increasingly facing significant challenges, including the need for improved digital literacy, maintaining online safety, and achieving a balanced use of technology.

Recognising that these challenges extend beyond any single generation, the project proposes an intergenerational approach that leverages the rich experiences and perspectives of older generations. Through engaging grandparents and senior adults in after-school projects, and teachers and senior adults in capacity-building workshops, Digital Harmony project partners aim to foster mutual learning and support between younger and older participants.

The underlying rationale is that the integration of digital well-being into educational practices can be achieved more effectively through the creation of sustainable frameworks and programmes. Integrating digital well-being into primary and secondary school curricula across Europe is challenging due to the already packed schedules dictated by national education authorities. Through comprehensive research, practical training, and innovative solution development, Digital Harmony aims to create a positive and inclusive digital learning experience, empowering individuals across generations to navigate the digital world safely and effectively.

## ***DIGITAL HARMONY meeting in Valencia (Spain)...***

The first meeting face-to-face of the project took place on 28<sup>th</sup> of May 2025 in the premises of UGT-PV, located in Valencia (Spain). All partners participated in this event, introducing themselves and their organisations, starting a discussion on project development and fixing deadlines for the next tasks to be done. The next face-to-face meeting will take place in Cyprus on 18<sup>th</sup> of November 2025.



## ***DIGITAL HARMONY results...***

The project results are directly linked to the activities foreseen within the project implementation period:

- **WP1 - Project Management and Coordination (March 2025 to Feb 2027):** This work package focuses on the overall management and coordination of the project, ensuring effective execution and timely completion
- **WP2 - Desk Research and Literature Review (March 2025 to Aug 2025):** This work package involves a literature review to understand the impact of digital technologies on well-being, with a focus on intergenerational learning
- **WP3 - Development of Training Materials (Aug 2025 to Apr 2026):** This work package focuses on creating training materials and resources for capacity building workshops aimed at teachers, students, and senior adults
- **WP4 - Capacity-Building Workshops and Impact Assessment Framework (Apr 2026 to Aug 2026):** This work package involves the implementation of local capacity-building workshops for teachers, students, and senior adults, and completion of impact assessments
- **WP5 - Intergenerational After-School Projects (Aug 2026 to Dec 2026):** This work package involves organising and implementing after-school projects that promote digital well-being through intergenerational collaboration
- **WP6 - Dissemination and Sustainability Planning (March 2025 to Feb 2027):** This work package focuses on disseminating the project outcomes, hosting multiplier events, and ensuring the sustainability of its results



## ***DIGITAL HARMONY partners...***

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For more information on the project, please contact project partners  
This project will be implemented in the period 01.03.2025– 28.02.2027

